

2022 Ballwin Upside Down Indoor Triathlon Results

Run 15 minutes, Bike 15 minutes, Swim 10 minutes

January 22, 2022 - The Pointe at Ballwin Commons

Ballwin Missouri USA

2022 Ballwin Upside Down Indoor Triathlon

Overall Results

					Run		Bike		Swim		Total	
Place	Gender	Age	Last Name	First Name	Miles	Yards	Miles	Yards	Miles	Yards	Miles	Yards
1	Male	43	Trost	Eric	2.29	4038	7.2	12672	0.351563	618.75	9.845693	17328.42
2	Male	45	Sestrich	Aaron	2.06	3624	7.4	13024	0.291193	512.5	9.750028	17160.05
3	Male	48	Nelms	Steven	1.88	3313	7.2	12672	0.291193	512.5	9.373557	16497.46
4	Male	45	Frankenberger	Nathan	2.09	3675	6.8	11968	0.291193	512.5	9.17944	16155.82
5	Male	39	Hennessy	Jerry	2.29	4038	6.6	11616	0.24858	437.5	9.14271	16091.17
6	Male	32	Manix	Andrew	2.18	3831	6.6	11616	0.365767	643.75	9.14225	16090.36
7	Female	52	Brunnworth	Danielle	1.94	3416	6.9	12144	0.273438	481.25	9.114625	16041.74
8	Male	42	Jones	Ryan	2.12	3727	6.7	11792	0.255682	450	9.073341	15969.08
9	Male	35	Bland	Andrew	2.26	3986	6.5	11440	0.24858	437.5	9.013298	15863.41
10	Male	25	Matzig	Steven	2.47	4348	6.2	10912	0.319602	562.5	8.990205	15822.76
11	Female	41	Deschamp	Jennifer	2.03	3572	6.6	11616	0.340909	600	8.970332	15787.79
12	Male	39	Hefley	Daniel	1.94	3416	6.7	11792	0.298295	525	8.939483	15733.49
13	Female	45	Pendleton	Katie	1.79	3158	6.8	11968	0.298295	525	8.892423	15650.67
14	Female	58	Meyer	Jennifer	2.09	3675	6.4	11264	0.394176	693.75	8.882423	15633.07
15	Female	45	Clark	Kristin	2.09	3675	6.4	11264	0.3125	550	8.800747	15489.32
16	Male	44	Haun	Daniel	1.97	3468	6.5	11440	0.237926	418.75	8.708526	15327.01
17	Female	44	Nagel	Abby	1.94	3416	6.4	11264	0.305398	537.5	8.646585	15217.99
18	Female	51	Gill	Susannah	1.76	3106	6.6	11616	0.234375	412.5	8.599091	15134.4
19	Male	34	Biver	Samuel	2.12	3727	6.1	10736	0.227273	400	8.444932	14863.08
20	Female	65	Hey	Lucy	1.79	3158	6.3	11088	0.266335	468.75	8.360463	14714.42
21	Male	46	Simmons	DJ	1.88	3313	6.2	10912	0.181108	318.75	8.263472	14543.71
22	Female	61	Callahan	Sharon	1.94	3416	6	10560	0.266335	468.75	8.207523	14445.24
23	Male	28	aluvala	koushik goud	1.76	3106	6.3	11088	0.099432	175	8.164148	14368.9
24	Female	66	Altepeter	Susie	1.59	2795	6.2	10912	0.323153	568.75	8.111398	14276.06
25	Male	64	Kaiser	Charles	1.79	3158	6	10560	0.3125	550	8.106628	14267.67
26	Female	41	Frankenberger	Melissa	1.59	2795	6.2	10912	0.195313	343.75	7.983557	14051.06
27	Male	45	Blom	Jason	1.85	3261	5.8	10208	0.298295	525	7.951247	13994.2

28	Male	42	McKinnon	Brian	2.00	3520	5.7	10032	0.24858	437.5	7.948591	13989.52
29	Male	14	Pendleton	Harold	2.00	3520	5.5	9680	0.419034	737.5	7.919045	13937.52
30	Female	44	Hackett	Jennifer	1.76	3106	5.7	10032	0.301847	531.25	7.766563	13669.15
31	Female	36	Torpea	Nichole	1.76	3106	5.8	10208	0.198864	350	7.76358	13663.9
32	Female	41	Blom	Ellen	1.50	2640	5.9	10384	0.358665	631.25	7.758673	13655.27
33	Female	49	Anderson	Lela	1.82	3209	5.7	10032	0.205966	362.5	7.729506	13603.93
34	Male	38	Killian	Joshua	2.12	3727	5.3	9328	0.255682	450	7.673341	13505.08
35	Female	41	Holt	Jennifer	1.71	3002	5.6	9856	0.170455	300	7.476347	13158.37
36	Male	57	Garvin	Roderick	1.94	3416	5.3	9328	0.22017	387.5	7.461358	13131.99
37	Female	56	Tarantino	Melissa	1.85	3261	5.3	9328	0.305398	537.5	7.458349	13126.7
38	Female	49	Johnson	Caroline	2.09	3675	5.1	8976	0.252131	443.75	7.440378	13095.07
39	Female	61	Etherton	Donna	1.85	3261	5.3	9328	0.269886	475	7.422838	13064.2
40	Male	53	Merrifield	Dan	1.35	2381	5.6	9856	0.273438	481.25	7.226386	12718.44
41	Male	61	Scheske	Mike	1.44	2536	5.4	9504	0.298295	525	7.13948	12565.49
42	Female	13	Munch	Lily	1.62	2847	5.2	9152	0.273438	481.25	7.091094	12480.33
43	Male	65	garrison	craig	1.12	1967	5.5	9680	0.308949	543.75	6.926602	12190.82
44	Male	73	Hassett	Bob	1.47	2588	5.2	9152	0.241477	425	6.912074	12165.25
45	Female	32	Sigmund	Emily	1.74	3054	4.9	8624	0.198864	350	6.834168	12028.14
46	Female	59	Mcdowell	Dorothy	1.38	2433	5.1	8976	0.241477	425	6.723838	11833.96
47	Female	12	McKinnon	Claire	2.06	3624	4.4	7744	0.259233	456.25	6.718068	11823.8
48	Male	84	Evans	Roy	0.88	1553	5.5	9680	0.213068	375	6.595426	11607.95
49	Female	61	Candelario	Sharon	1.24	2174	5.1	8976	0.152699	268.75	6.488	11418.88
50	Male	75	Shayne	Phil	1.29	2278	4.9	8624	0.184659	325	6.378784	11226.66
51	Female	13	Blom	Paige	1.76	3106	4.2	7392	0.40483	712.5	6.369545	11210.4
52	Female	40	McKinnon	Sherry	1.74	3054	4.3	7568	0.198864	350	6.234168	10972.14
53	Female	61	Kaiser	Laura	1.44	2536	4.4	7744	0.252131	443.75	6.093315	10724.24
54	Female	27	Klevorn	Katie	1.00	1760	4.9	8624	0.170455	300	6.07046	10684.01
55	Male	10	Simmons	Chase	1.91	3365	3.9	6864	0.170455	300	5.98223	10528.73
56	Female	13	Frankenberger	Karly	1.50	2640	3.8	6688	0.273438	481.25	5.573446	9809.265
57	Female	11	Sestich	Reese	1.38	2433	3.8	6688	0.234375	412.5	5.416736	9533.455
58	Male	81	Carey	Raymond	1.15	2019	4.1	7216	0.113636	200	5.360702	9434.835
59	Female	16	Johnson	Maddie	0.00	0	5.3	9328	0		5.3	9328
60	Female	74	Carey	Jenna	0.94	1656	3.8	6688	0.113636	200	4.854818	8544.48