

Race Date  
 May 13, 2023  
 Versailles, Kentucky USA

# 23 Heart & Sole Triathlon

## Age Group Results

### Default Division

Swim 400 Yards, Bike 15 Miles, Run 3.1 Miles

### Female Open Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Erin Rock	718	45	3	7:08.6	31:04	0:35.5	1	42:36.0	21.1	0:48.3	1	23:59.6	7:44	1:15:08.3
2	21	Erin Pifer	715	42	1	6:12.1	26:58	1:10.5	3	50:07.1	18.0	0:38.6	2	27:13.3	8:47	1:25:21.9
3	25	Rachel Wilson	717	48	2	6:54.7	30:03	0:29.7	2	48:27.3	18.6	0:46.9	3	31:32.0	10:10	1:28:10.7

### Male Open Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Robert Adams	712	53	3	6:15.3	27:12	0:33.7	1	36:14.2	24.8	0:32.3	2	20:14.1	6:32	1:03:49.8
2	2	Travis W Albrecht	703	35	1	5:39.0	24:34	0:50.1	2	38:10.4	23.6	0:29.3	1	18:56.6	6:07	1:04:05.6
3	3	Stewart Stevens	702	32	2	6:05.8	26:31	0:20.4	3	39:33.4	22.8	0:32.8	3	20:33.3	6:38	1:07:05.9

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## Age Group Results

### Default Division

#### Male 15 to 19

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	14	Alexander Stumbur	725	18	1	6:39.6	28:58	1:10.0	1	44:57.2	20.0	0:37.6	1	26:02.2	8:24	1:19:26.9

#### Female 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	59	Holli Goff	731	23	1	7:55.1	34:26	3:49.2	1	1:06:57.5	13.4	0:58.3	1	41:45.5	13:28	2:01:25.8

#### Male 20 to 24

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	36	Carter Brown	760	21	1	10:09.8	44:12	2:26.0	1	59:09.1	15.2	0:44.7	1	28:29.3	9:11	1:40:59.2

#### Female 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	51	Marie Haverty	764	28	1	11:56.9	51:57	2:31.0	1	1:01:13.3	14.7	1:22.5	1	34:26.5	11:07	1:51:30.4

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## Age Group Results

### Default Division

#### Male 25 to 29

Place		Name	Bib No	Age	Swim		T1		Bike		T2		Run		Total	
Overall	Rnk				Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	10	Hayden Dwyer	730	26	3	7:41.6	33:27	1:31.2	1	45:26.7	19.8	1:11.0	1	22:05.7	7:08	1:17:56.5
2	17	John Harrison Keith	737	25	1	6:56.0	30:09	0:57.4	3	49:51.4	18.1	0:32.0	2	23:06.8	7:27	1:21:23.7
3	18	Kyle Sutter	726	29	2	7:23.8	32:10	0:52.4	2	48:14.9	18.7	0:46.5	3	24:35.5	7:56	1:21:53.3
4	38	Ethan Haverty	758	27	4	8:04.9	35:08	2:58.5	4	57:34.0	15.6	0:54.8	5	33:16.2	10:44	1:42:48.5
5	57	Daulton Armstrong	750	27	5	14:00.3	60:54	2:04.7	6	1:11:02.2	12.7	1:40.0	4	27:48.5	8:58	1:56:35.8
6	63	Maxwell Hamilton	741	29	6	18:06.3	78:43	0:42.3	5	1:06:56.0	13.4	2:01.0	6	37:07.0	11:58	2:04:52.8

#### Female 30 to 34

Place		Name	Bib No	Age	Swim		T1		Bike		T2		Run		Total	
Overall	Rnk				Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	44	Kayla Iannuzzi	701	31	1	9:20.5	40:37	1:14.6	1	59:52.0	15.0	0:35.4	1	35:34.9	11:29	1:46:37.6

#### Male 30 to 34

Place		Name	Bib No	Age	Swim		T1		Bike		T2		Run		Total	
Overall	Rnk				Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
1	4	Jordan Haggitt	707	34	2	6:39.3	28:56	0:19.5	1	39:36.3	22.7	0:32.5	1	21:02.3	6:47	1:08:10.1
2	19	John Morris	735	30	4	7:35.1	32:59	0:24.0	2	48:18.2	18.6	0:37.3	2	25:16.6	8:09	1:22:11.5
3	22	Luke Iannuzzi	713	32	1	5:08.8	22:23	0:56.7	4	51:13.7	17.6	0:52.6	4	28:43.4	9:16	1:26:55.4
4	24	Allen White	721	34	3	6:56.6	30:11	1:58.5	3	49:51.7	18.0	0:50.6	3	28:05.9	9:04	1:27:43.5
5	52	James Simmons	762	34	5	9:37.9	41:53	2:36.0	6	1:04:14.1	14.0	0:43.2	5	34:31.2	11:08	1:51:42.6
6	53	Jonathan Wahl	747	34	6	9:51.5	42:52	1:17.0	5	1:01:19.4	14.7	0:36.6	6	39:10.4	12:38	1:52:15.0

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## Age Group Results

### Default Division

#### Female 35 to 39

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
DQ	DQ	Sara Murrell	743	36	1	8:35.1	37:20	2:32.9	1	59:13.6	15.2	0:16.4	DQ	---	---	---	---

#### Male 35 to 39

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	5	Jeffery Oldham	769	38	3	6:37.9	28:50	0:38.3	1	42:40.9	21.1	0:31.0	1	23:47.7	7:41	1:14:16.0	
2	13	John Hegeman	705	37	1	5:28.4	23:48	0:36.8	2	44:02.4	20.4	0:36.9	3	28:01.4	9:02	1:18:46.1	
3	20	Jarrood Willoughby	734	37	4	7:42.1	33:29	0:50.7	3	48:51.7	18.4	0:30.3	2	25:05.1	8:06	1:23:00.2	
4	30	Daniel Sturdevant	755	38	7	10:07.7	44:02	2:35.2	4	49:56.6	18.0	0:56.1	4	29:43.0	9:35	1:33:18.8	
5	33	Todd Coleman	739	37	6	8:19.4	36:11	1:36.8	5	53:23.6	16.9	1:14.7	5	30:24.1	9:48	1:34:58.8	
6	37	John Park	724	35	5	8:12.0	35:39	1:23.0	6	58:50.4	15.3	0:49.8	6	32:49.5	10:35	1:42:05.0	
7	45	Andrew Canada	720	35	2	6:35.0	28:38	1:21.3	7	1:00:15.2	14.9	1:00.8	7	38:41.9	12:29	1:47:54.4	

#### Female 40 to 44

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	41	Katherine Matcheswala	770	44	1	10:10.3	44:14	1:59.4	1	50:41.5	17.8	0:59.9	2	40:57.9	13:13	1:44:49.2	
2	54	Apryl Butler	767	44	2	14:32.0	63:11	3:49.4	2	59:15.9	15.2	0:56.8	1	34:21.3	11:05	1:52:55.6	

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## Age Group Results

### Default Division

#### Male 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace	Time
1	7	Bradley Bolen	719	42	1	6:38.7	28:53	0:50.2	1	42:21.4	21.2	0:22.7	1	24:39.8	7:57	1:14:52.9
2	26	Joe Wiley	733	40	4	8:47.0	38:12	1:36.0	4	51:56.5	17.3	0:24.3	2	26:04.6	8:25	1:28:48.5
3	29	Samuel Richard	710	40	2	7:16.4	31:38	1:32.3	2	48:40.4	18.5	0:25.5	5	33:07.7	10:41	1:31:02.4
4	32	Joe Murphy	759	40	5	8:55.5	38:48	1:29.4	3	51:32.2	17.5	1:08.9	3	31:46.6	10:15	1:34:52.8
5	39	Brian Bartell	756	42	6	10:04.0	43:46	1:50.1	5	57:51.6	15.6	0:53.8	4	32:43.3	10:33	1:43:23.0
6	43	Matthew Wright	727	42	3	7:24.8	32:14	1:20.8	6	1:02:45.9	14.3	1:21.2	6	33:20.1	10:45	1:46:12.9

#### Female 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace	Time
1	56	Izumi Wentz	745	49	1	8:40.7	37:44	3:36.0	2	1:06:21.7	13.6	1:20.9	1	36:10.8	11:40	1:56:10.4
DQ	DQ	Andrea Brown	751	48	2	9:01.8	39:16	1:59.0	1	55:05.0	16.3	0:56.8	DQ	31:03.4	10:01	1:38:06.1

#### Male 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike			T2	Run		Total		
Overall	Rnk				Time	Pace		Rnk	Time	Rate		Rnk	Time		Pace	Time
1	6	Matthew Shane	711	49	1	6:21.2	27:37	0:37.4	2	42:39.5	21.1	0:31.8	1	24:29.0	7:54	1:14:39.1
2	9	Jeremy Johnston	708	46	3	6:56.0	30:09	1:06.7	1	42:08.5	21.4	0:57.8	2	25:27.1	8:13	1:16:36.3
3	23	Greg Marta	714	45	2	6:51.8	29:51	1:01.7	3	48:23.9	18.6	0:50.4	4	30:00.3	9:41	1:27:08.3
4	31	Glenn Richardson	746	47	5	10:00.1	43:29	1:38.3	4	51:16.7	17.6	1:08.4	3	29:53.7	9:39	1:33:57.3
5	48	BrianD Brummel	732	47	4	7:22.7	32:05	1:58.6	5	1:02:04.4	14.5	1:34.8	5	36:33.4	11:48	1:49:34.1

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## Age Group Results

### Default Division

#### Female 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	46	Kara Johnson	774	51	1	9:41.1	42:07	1:40.5	1	57:05.5	15.8	2:07.9	1	37:26.5	12:05	1:48:01.8
2	58	Marcie Rucker	773	51	3	10:16.3	44:40	2:04.6	2	58:41.7	15.3	0:41.9	3	46:33.9	15:01	1:58:18.5
3	66	Margaret RoBards	761	53	2	9:51.5	42:52	3:31.3	3	1:11:13.7	12.6	1:19.2	2	44:08.2	14:14	2:10:04.0

#### Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	John McBride	722	51	4	9:35.2	41:41	1:59.0	1	42:44.7	21.1	1:47.2	2	25:13.7	8:08	1:21:20.0
2	16	Brian Shay	716	51	2	7:48.7	33:58	1:43.7	2	45:56.5	19.6	1:02.5	1	24:49.0	8:00	1:21:20.6
3	28	John Morris	723	54	1	7:04.3	30:45	1:16.0	3	48:24.3	18.6	0:59.9	4	32:17.9	10:25	1:30:02.7
4	34	Shawn Butler	749	50	3	8:17.4	36:03	1:36.9	4	57:12.2	15.7	0:32.8	3	28:36.3	9:14	1:36:15.8
5	60	Derek Wentz	753	52	5	11:42.0	50:52	3:03.5	6	1:11:21.3	12.6	2:35.2	5	33:06.4	10:41	2:01:48.6
6	62	Jim Meeks	742	54	6	17:40.0	76:49	0:57.0	5	1:06:56.5	13.4	2:01.5	6	37:06.0	11:58	2:04:41.0

#### Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Leon Sachs	704	56	1	6:15.4	27:13	0:22.0	1	44:30.1	20.2	0:31.8	1	26:19.4	8:30	1:17:58.9
2	68	Rob Voorhees	765	58	2	17:39.9	76:48	5:00.2	2	1:37:17.3	9.25	0:41.0	2	51:33.5	16:38	2:52:12.1

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## Age Group Results

### Default Division

#### Female 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	67	Carolyn Neal	709	62	1	8:20.1	36:15	2:16.5	1	1:17:12.6	11.7	1:48.9	1	50:47.1	16:23	2:20:25.4

#### Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	47	jerry welch	748	60	1	9:28.6	41:12	2:27.0	1	53:34.0	16.8	1:08.8	1	41:57.2	13:32	1:48:35.7

#### Female 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	65	Sue Russell	738	66	1	9:49.5	42:43	2:37.6	1	1:03:45.6	14.1	2:08.4	1	48:54.6	15:47	2:07:15.9

#### Male 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	12	Jerry Coleman	729	65	1	6:41.7	29:07	0:37.8	1	45:53.6	19.6	0:42.3	1	24:29.5	7:54	1:18:25.0
2	27	Tim Bailey	775	66	5	9:48.2	42:38	1:38.1	2	49:41.1	18.1	1:37.2	2	26:59.2	8:42	1:29:44.0
3	35	Daniel Stichnot	744	67	2	8:59.3	39:05	1:27.9	3	50:07.1	18.0	1:58.4	3	34:33.4	11:09	1:37:06.2
4	49	Mike Wood	772	65	3	9:11.0	39:56	5:13.4	4	57:24.0	15.7	1:12.6	4	37:18.2	12:02	1:50:19.4
5	50	Jim Glesige	736	68	4	9:38.8	41:57	1:38.9	5	58:41.0	15.3	1:39.5	5	39:01.1	12:35	1:50:39.4

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## Age Group Results

### Default Division

#### Male 70 to 74

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	42	Charles Benton	728	72	2	9:45.9	42:27	3:05.1	1	54:38.6	16.5	2:17.2	1	36:07.0	11:39	1:45:53.9
2	55	Greg Clark	754	72	1	9:29.9	41:18	2:22.1	3	1:00:51.1	14.8	2:17.3	2	40:53.2	13:11	1:55:53.9
3	64	N.T. Ricker	752	73	3	11:23.6	49:32	4:07.6	2	58:39.3	15.3	2:37.4	3	48:51.4	15:46	2:05:39.5

#### Male 75 and over

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	40	Jack Lynch	740	80	1	11:01.0	47:54	2:17.1	1	51:31.9	17.5	2:08.3	1	37:19.7	12:02	1:44:18.2
2	61	Russell Clarke	757	79	2	15:29.1	67:20	2:02.3	2	58:42.2	15.3	1:58.5	2	44:45.6	14:26	2:02:57.8